

LET'S GET FINANCIALLY FREE!

By Getting Conscious About Money

THE THREE THINGS:

List three of the most important things that will impact your future:

1. _____
2. _____
3. _____



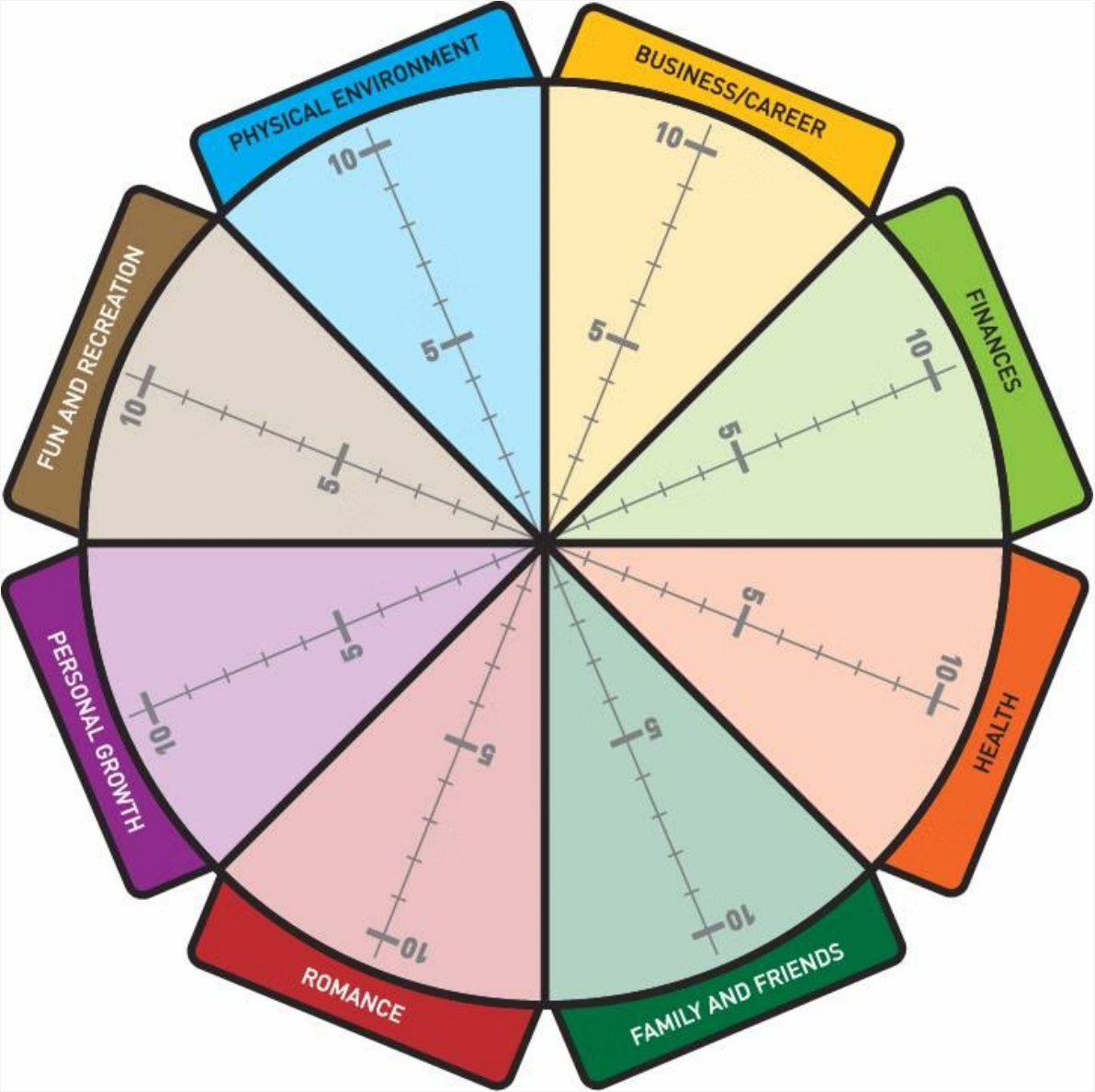
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Session 1 - Integrity: Committing to honest self-reflection & personal integrity

INTENTIONS:

What is the one area of your life you want to focus on?

How would you want to improve it?



RAISING YOUR AWARENESS

List three financial challenges you are currently facing:

- 1. _____
- 2. _____
- 3. _____

What are the most important things to you in life:



FINANCIAL FREEDOM

List three reasons why this is important to you:

1. _____

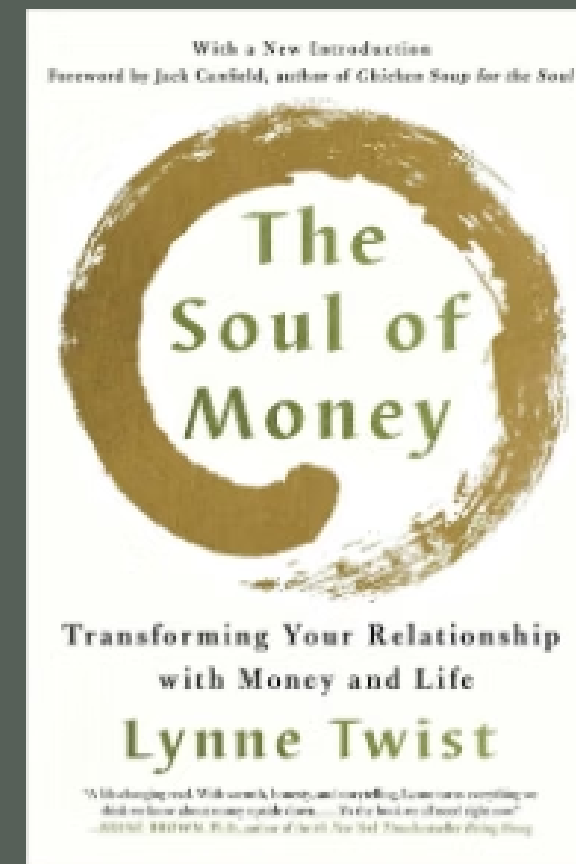
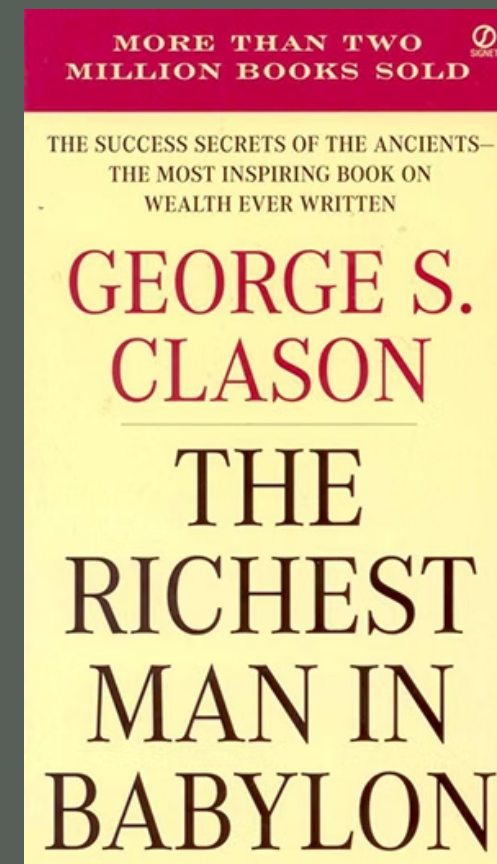
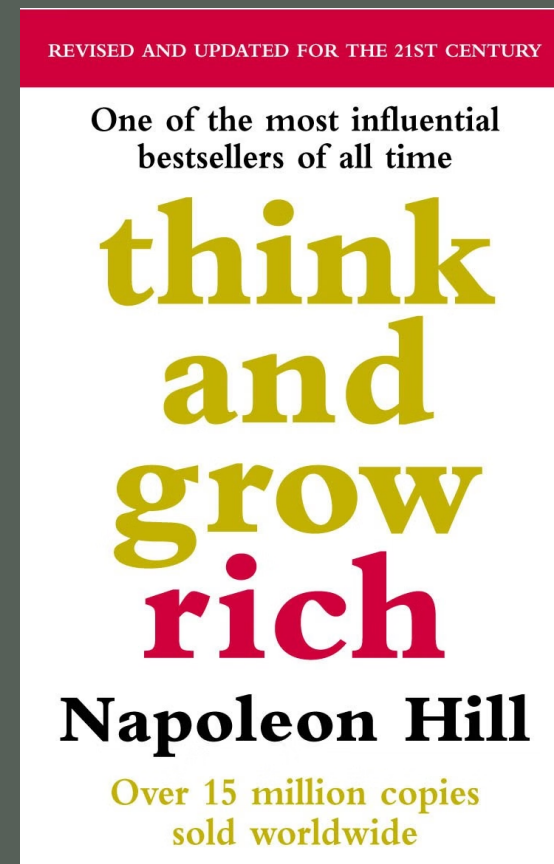
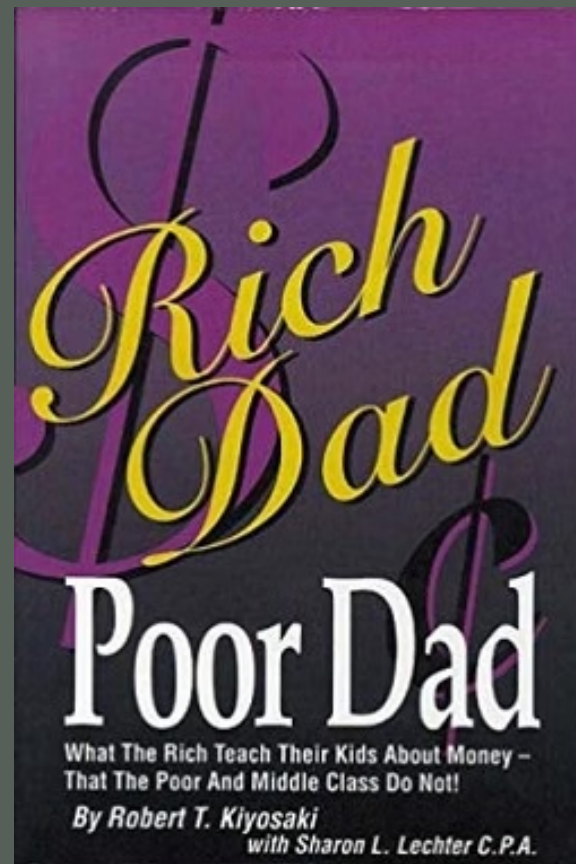
2. _____

3. _____



I READ MY WAY OUT!

Psychology precedes mechanics



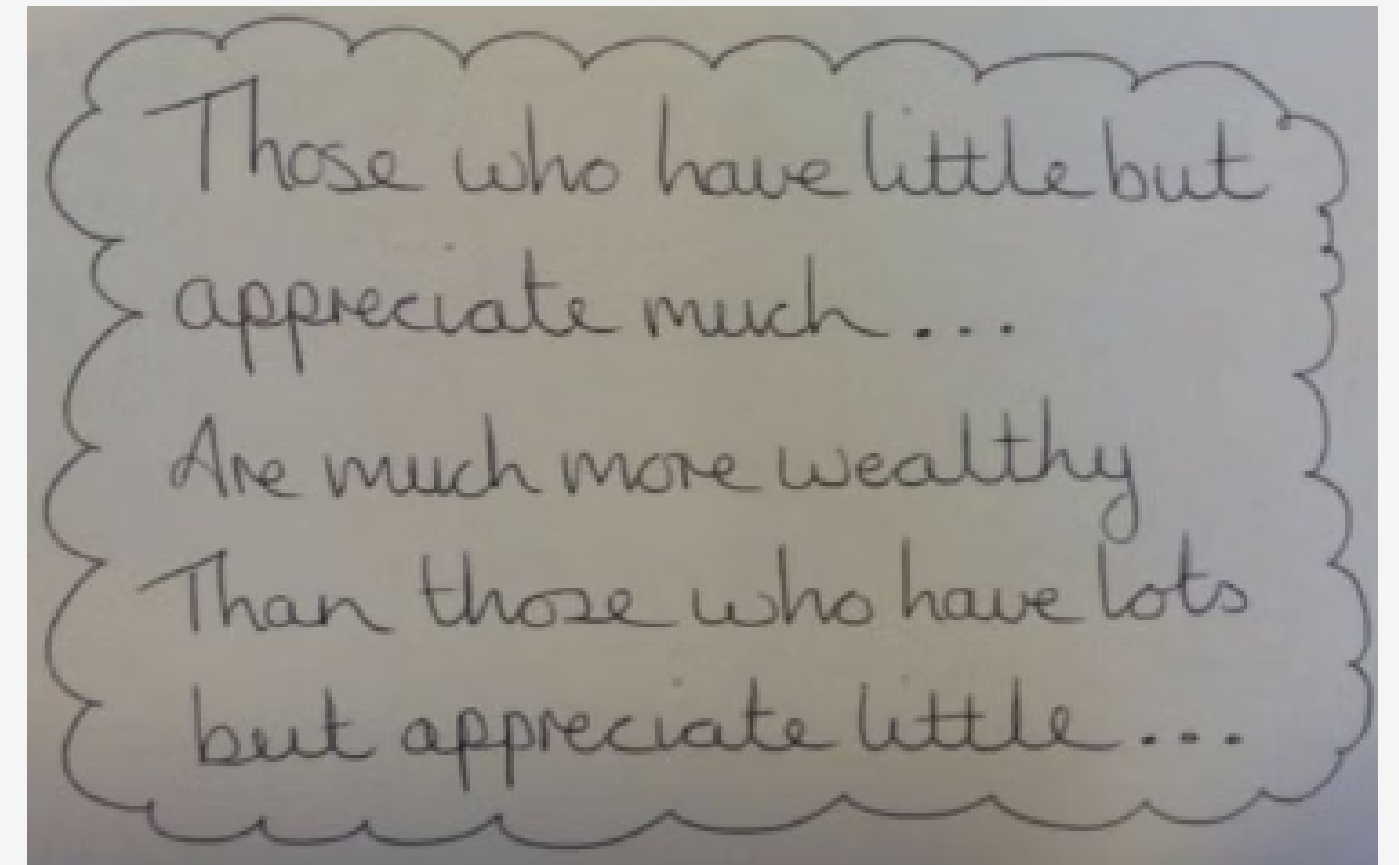
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Session 2 - Empowerment: Providing guidance and the tools for transformation along the warrior's journey

GRATITUDE:

List six things you are grateful for:

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____



LET'S DIG

What does the word money conjure up for you:

1. _____

2. _____

3. _____



DIG SOME MORE!

As a child what was your parents financial situation like?

How did this make you feel?



KEEP DIGGING!

Three of the biggest lessons I learnt about money growing up were?

These lessons may not just be about what you were told, they are also about your interpretation about the circumstances you were in

1. _____

2. _____

3. _____



FINALLY

What would you chose to believe about money?

Write down three beliefs



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Session 3 - Leadership: Leading by example, fostering personal and collective growth.

DEFINING MONETARY SUCCESS

I chose to believe money is _____

It is now ____/____/____ & I earn _____ per year

I have a total of _____ saved for a rainy day & I invest _____ per year

I spend _____ per year on experiences, luxuries, causes etc

How does this allow you to live?

Tap into what you can see/feel

THE ONE THING

Monetary Goal

To build momentum the one thing I need to do more of straight away is:

To enhance my chances of success of the above activity, the one thing I need to study straight away is:

